

large wrap tray [serves 15-25] • \$175

**package one** 3 chicken caesar, 5 turkey club, 3 chicken salad, 2 b.l.t.g, 2 skinny [chicken]**package two** 5 turkey club, 5 chicken salad, 3 b.l.t.g, 2 tuna**package three** 5 turkey club, 3 b.l.t.g, 3 chicken caesar, 2 tuna, 2 veggies

small wrap tray [serves 8-12] • \$98

**package one** 2 chicken caesar, 2 turkey club, 2 chicken salad, 2 b.l.t.g**package two** 2 tuna, 2 b.l.t.g, 2 turkey club, 2 chicken salad**package three** 1 veggie, 1 tuna, 2 chicken salad, 2 turkey club, 1 b.l.t.g, 1 skinny [chicken]

## office bundles

**large one** large tray of wraps, 24 bags of chips & 2 dozen assorted mini cupcakes [serves 15-25] • \$248**small one** small tray of wraps, 12 bags of chips & 1 dozen assorted mini cupcakes [serves 8-12] • \$135

## wraps

[gluten free wraps available \*additional charge]

**chicken caesar**

grilled chicken tossed with housemade croutons, ceasar dressing, parmesan cheese, red onion, black olives &amp; romaine lettuce in a wheat wrap

**the skinny**

grilled chicken, romaine lettuce, cucumber, shredded carrots, tomato, avocado, sprouts, lime &amp; spices in a tomato wrap [can be made without chicken]

**turkey club**

bacon, cheddar, romaine, tomato, red onion, sprouts, &amp; dijon mustard mayo in a spinach wrap

**chicken salad**

signature chunky chicken, apples, grapes, celery &amp; red onion tossed in a creamy dressing, romaine lettuce &amp; sugared pecans in a wheat wrap

**tuna salad**

light tuna made with celery, onion, mayo, romaine, sprouts, swiss, and avocado in a wheat wrap

**b.l.t.g**

applewood bacon, romaine lettuce, tomato, guacamole &amp; mayo in a spinach wrap

**veggie**

fiesta spinach artichoke cream cheese, shredded carrots, bell pepper, tomato, cucumber &amp; sprouts in a tomato wrap. [vegan option] sub red pepper hummus

## sandwiches

choose any two sandwiches [serves 8-12] • \$95

**veggie**

fiesta spinach artichoke cream cheese, shredded carrots, bell pepper, tomato, cucumber &amp; sprouts on wheat berry bread. [vegan option] sub red pepper hummus

**turkey club**

bacon, cheddar, romaine, tomato, red onion, sprouts &amp; dijon mustard mayo on swirl rye

**tuna salad**

light tuna made with celery, onion, mayo, romaine, sprouts, swiss and avocado on toasted swirl rye

**tuna deluxe**

tuna salad, cucumber, tomato, spinach leaves, red onion, sprouts, drizzle of balsamic on toasted swirl rye

**chicken salad**

chunky chicken prepared with diced red onions, celery, apples, grapes &amp; tossed with our sweet dressing blend, romaine &amp; sugared pecans on wheat berry

## box lunch

**brown box it!**

this is how it works

We require a minimum of 10 boxed lunches per order, maximum of three wrap or sandwich selections. Box lunches come with sea salt potato chips, and a mini chocolate cupcake. Wrap Box \$13 | Sandwich Box \$14 | Salad Box \$14 \*w/o chips

need beverages? \$2.50 - 20 oz choices are: coke, coke zero, diet coke, sprite, h2o, AHA flavored h2o, lemonade

still hungry? fruit cup \$4 cup of soup \$5 quart \$22

pasta or potato salad \$2.50

**chicken enchilada** our signature chunky chicken, zucchini, corn, black beans, tomato, creamy & just the right amount of spice! served with tortilla strips & sour cream**red pepper gouda** creamy & full of flavor... vegetarian served with house made croutons

## salads [serves 6 - 8]

**the skinny**

romaine lettuce, tomato, cucumber, shredded carrots, avocado, sprouts, topped with lime &amp; spices. veggie \$46 chicken \$52, shrimp Market

**the med**

rotini pasta, fresh spinach, romaine, roasted red peppers, kalamata olives, feta &amp; sweet basil dressing. \$46, chicken \$52, shrimp Market

**fiesta**

topped with black beans, cheddar cheese, pico de gallo, guacamole, grilled bell peppers and onions, tortilla strips, served with jalapeno ranch. veggie \$52, chicken \$64, shrimp Market

**bruschetta**

romaine lettuce, tomato, red onion, black olives, feta served with crostinis &amp; balsamic vinaigrette. veggie \$48, chicken \$62, shrimp Market

**melon & goat cheese**

baby spinach, avocado, red onion, sprinkled with a bit of chile-lime seasoning &amp; sugared pecans. served with a mango-pineapple vinaigrette. veggie \$48, chicken \$62, shrimp Market

**garden salad**

baby spinach, sprouts, cucumber, tomato, shredded carrots, red onion, egg, parmesan &amp; croutons choose: ranch, caesar, balsamic or oil &amp; vinegar. veggie \$48, chicken \$56, shrimp Market

extra dressings: 1/2 pints: ranch, jalapeno ranch, balsamic, mango pineapple \$6 sweet basil &amp; caesar \$10

prices subject to change

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# want more? we got it!

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## cream cheese pickles!

kosher pickle smothered in cream cheese, wrapped in a thinly sliced deli meat & sliced for bite-sized enjoyment ~ delish! [75 slices] \$62  
VEGETARIAN? No Problem! Enjoy them wrapped in a tortilla!

## fruit platter

served with chile lime seasoning \$60

## veggies & hummus

carrots, celery, cucumbers [serves 8-12] \$60

## chicken skewers [serves 20] \$117

## chilled shrimp [serves 20] market

## cucumber stacks

fresh cucumber slice topped with red pepper hummus, sprouts and a sprinkle of a chile lime seasoning [serves 20] \$44

## whipped feta served with garlic toasts \$68

## blackened tuna

with pickled ginger & wasabi ranch [serves 20] market

## chicken salad

our signature fruity chicken salad, chunks of chicken, apples & grapes, diced celery & onion in a creamy tangy dressing pint \$18 • quart \$34  
Add wheatberry bread \$8

## chipotle beef lollipops

slow simmered in a chipotle tomato sauce, complimented by a mild white cheese crumble, a black bean sauce & fresh cilantro \$118

## lettuce wraps

fresh cantaloupe and avocado, red onion, goat cheese, lime and spice served with mango-pineapple vinaigrette \$115

## fajita bar

chicken, carnitas or veggie, tortillas, salsa, pico de gallo, lettuce, cheese, sour cream \$295 • steak \$365

## for charcuterie + more catering options

## check out girl + food by cafe fresh

**girl+food** | 5345 belle avenue davenport  
BY CAFE FRESH | phone 563.551.4050

## chips & dips

blue chips \$10

salsa made in house pint... \$9

## roasted red pepper hummus

1/2 pint... \$8 • pint... \$16 • quart... \$30

## guacamole

made fresh daily, chunks of avocado, diced tomato, onion, cilantro, fresh lime pint... market • quart... market

## spinach artichoke dip

our signature spinach artichoke fiesta cream cheese dip  
~ tastes great hot or cold! pint... \$18 • quart... \$36

## cupcakes!

made from scratch, melt in your mouth,  
your very own handful of yum!

## chocolate, red velvet, carrot, pumpkin

jumbo size 1 dozen \$60

mini 4 dozen \$68 • mini dozen \$18

\*upcharge for specialty flavors [german chocolate | wedding day]

## sweet treats

lemon berry mascarpone cake \$8.95/slice

flourless chocolate torte \$7.95/slice

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## get the skinny

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Large orders are on a first come, first serve basis

we request a 24 hour notice for all large orders...however if you have a last minute need, please call us to determine availability.  
all catering orders must be secured with a credit card. P.S. we have a food truck now too! Please consider us for your events!

## for catering pick up orders

we are happy to accept cash, corporate checks [no personal checks accepted] visa, mastercard, discover & american express

## we deliver!

by appointment

our minimum delivery order is \$125 for your convenience a flat \$18

delivery charge will be added to orders of \$299 or less,

a delivery charge of \$28 for orders over \$300

our delivery personnel will unpack and set up your order at your request

## table service available upon request:

if needed we are happy to supply you with picnic ware & plates for an additional charge per setting

## to place your order

give us a call, we'd love to help! 309.797.6966 or 563.551.4050

after hours questions? please send us an email,

[letschat@cafefreshkitchen.com](mailto:letschat@cafefreshkitchen.com).

please do not submit email orders without prior communication.

cafe fresh

1514 5th avenue downtown moline  
phone 309.797.6966

girl + food

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phone 563.551.4050